

VIRGINIA CONFERENCE UNITED METHODIST MEN



HELPING MEN GROW IN CHRIST, SO OTHERS WILL KNOW CHRIST

You are invited to the ...

**34th Annual Virginia Conference UMMen Spiritual Retreat
NOVEMBER 4 – 6, 2011**

To Hear

Rev. Rob Renfroe

Preach on the theme ...

MORE!

The Rev. Rob Renfroe is the pastor of Adult Discipleship at the Woodlands United Methodist Church, an 8,500-member congregation, just north of Houston, Texas.



Following his appointment to The Woodlands in 2001, he created **Quest, a ministry for men**, in which more than 500 men participate each year. Three outreach ministries, which have sprung out of Quest, extend far beyond the church.

- **Destination Manhood**, a mentoring ministry for boys without an active father in their lives
- **Proyecto Abrigo**, a partnership in which the men of The

Woodlands UMC have built 30 homes for families living in cardboard shacks in Juarez, Mexico.

- **FaithBuilders** — a local ministry repairing homes for the poor and elderly — built a new home for a grandmother raising two special needs children.

Rev. Renfroe said, “**I have discovered that if you speak to men directly, challenge them to be their best, and give them an opportunity to serve God and others, their hearts and lives will be changed.**”

The retreat topic will be **MORE**, because there is *more* going on in this world than *most* men know, their mission is *more* important than they can imagine ... and what God desires to do through them is *more* powerful than they would ever dream.

**Plan to Attend the 2011 Spiritual Retreat
Be Sure to Circle the Dates ... November 4-6**